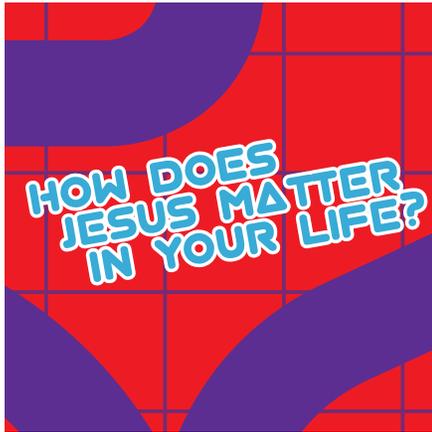


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Handwriting lines for journaling.



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

- 1. You liked:
2. You learned:
3. You'd like to know:

## Day 2

### Read John 3:16

As you read John 3:16, underline these words: LOVED, GAVE, BELIVES, ETERNAL LIFE.

Next, pick one of the following ways to illustrate these words:

- ➔ Draw a symbol or simple drawing that depicts each word
- ➔ Come up with a hand motion that represents each word
- ➔ Write a short poem or song with these words that conveys the message of John 3:16

It's no surprise that John 3:16 is one of the most famous Bible verses. John tells us how we can live forever with God: simply by trusting in Jesus as our Savior!

P.S. Hold on to your drawing or song—or jot down some notes on your hand motions so you don't forget them—as you'll use them later this week.

## Day 3

**Have you ever been walking or running and you saw something to the side that distracted you and you fell?**

What is something you could use some confidence in today?

(1) \_\_\_\_\_

Who is someone else you know who could use a boost of confidence today?

(2) \_\_\_\_\_

What area could they use that confidence in?

(3) \_\_\_\_\_

Now transfer your answers to the numbered blanks below, and then pray the prayer out loud.

“**Dear God,** thank You for loving the world and me so much that You gave Your one and only Son. I'm thankful that anyone—including me—who puts their trust in Jesus can live with You forever. Knowing that You love me gives me confidence today that I can (1)\_\_\_\_\_. I know that (2) \_\_\_\_\_ also needs confidence to (3) \_\_\_\_\_, so help them remember today how much You love them. In Jesus' Name, I pray. **amen.**”

## Day 4

**The truth that Jesus, God's only Son, came to earth to be our Savior is the best news EVER!**

So find a friend or family member today to share that great news with. You can:

- ➔ Show them your drawing from yesterday and explain each symbol
- ➔ Recite John 3:16 for them while you teach them your hand motions
- ➔ Perform your poem or song for them

Then take a minute to share with each other why that verse gives you confidence!

You can be confident because God loves you.

## Day 5

### Why does Jesus matter?

Jesus matters because, not only is He the Son of God and the Savior of the world, but He also shows us how important we are to God! That means no matter what you face, you can be confident knowing that God loves you so much, He sent His Son to die for you!

**God  
Loves  
Me.**

Those three simple words can change how you see yourself and every situation that you face. Grab a sheet of paper and write out those words using fun fonts and different colors of markers or colored pencils. Then think about the area of your life where you most need confidence. School? Try taping the paper on the outside of a notebook you use often. Sports or music? Place the paper in your equipment bag or tape it inside your instrument case. Whenever you're feeling a little less-than or not up to the task, look at it and remember that when God sees you, He sees someone He created, someone who is loved, someone who matters.

